

Associated Allergists and Asthma Specialists

MEDICATIONS TO AVOID PRIOR TO ALLERGY TESTING

Antihistamines (oral) - Discontinue 5 days prior to testing:

Atarax (hydroxyzine)
Clarinex (desloratadine)
Periactin (cyproheptadine)
Xyzal (levocetirizine)
Zyrtec and Zyrtec-D (cetirizine)

Antihistamines (oral) - Discontinue 3 days prior to testing:

Allegra and Allegra-D (fexofenadine)
Benadryl (diphenhydramine)
Chlor-Trimeton (chlorpheniramine)
Claritin and Claritin-D (loratadine)
Dimetapp
Phenergan

Antihistamine Nasal Sprays – Discontinue the night before testing:

Astelin (azelastine)
Astepro 0.15 % (azelastine)
Patanase (olopatadine)
Dymista (azelastine + fluticasone)

Antihistamine Eye Drops - Discontinue the night before testing:

Bepreve (bepotastine besilate 1.5%)
Elestat (epinastine HCL 0.05%)
Optivar (azelastine HCL 0.05%)
Pataday (olopatadine)
Patanol (olopatadine HCL 0.1%)
Pazeo (olopatadine)
Zaditor (ketotifen fumerate 0.025%)

Sleep Aids

Tylenol PM
Unisom